

Banana Moon Well-being Pledge



Supporting family well-being

We recognise that as first educators, parents and families understand their child, and to build knowledge and expertise, the early years professionals need to collaborate and support families.

- We promote positive professional relationships with our families from the start, ensuring all parents feel welcome and valued as part of the nursery.
- We engage in effective and respectful two-way communication, sharing policies and procedures, news, updates and daily feedback.
- We support families in understanding their child's interests and stages of development and work with them to mirror learning opportunities at home. Parents can share experiences and interests of their children at home as well as observations that link to the child's progress.
- Parents and families are encouraged and supported to understand emotional well-being and how to build resilience and positive communication.
- We work with families during transitions, recognising change can be difficult not just for the child. This work starts during the initial show-round through to when the family leaves to go to school.
- We seek and value the views of parents to support us in making ongoing enhancements and developments to the nursery.
- We encourage an understanding of the importance of positive adult role models.
- Parents have opportunities to engage in nursery life through events and celebrations. They can also undertake workshops and support for a variety of childhood milestones, including weaning, toileting, routines and transitions to school.
- Families are encouraged to understand and engage in being active and having an active lifestyle.
- We support parents with a healthy eating ethos at home by providing information and support relating to nutrition and how mealtimes can support learning and independence.
- There is an open-door policy for parents to discuss and share any queries, concerns or requests for help.
- The Well-being Champion will signpost families to any support required and cascade policies, procedures and tools to families.

